

# TWELVE STEP PRINCIPLE

**Confession of Principle 1** - "Realize I'm not God. I admit that I am powerless without Christ to control my tendency to do the wrong thing and that my life is unmanageable."

**Confession of Principle 2** - "Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover."

**Confession of Principle 3** - "We make a decision to turn our wills and our lives over to the care of God."

**Confession of Principle 4** - "We have taken an inventory of ourselves and our ways and have come up short in comparison to God's Standards."

**Confession of Principle 5** - "We admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

**Confession of Principle 6** - "We are entirely ready to have God remove all these defects of character."

**Confession of Principle 7:** "We humbly ask Jesus to remove all our shortcomings."

**Confession of Principle 8:** "Make a list of all persons we have harmed and become willing to make amends to them all."

**Confession of Principle 9:** "Make direct amends to such people wherever possible, except when to do so would injure them or others."

**Confession of Principle 10:** "Continue to take personal inventory and when we are wrong, promptly admit it."

**Confession of Principle 11:** "I will work through prayer and meditation to improve my conscious contact with God and my understanding of Him, praying only for the knowledge of His will for me and the power to work it out."

**Confession of Principle 12:** "Having had a spiritual awakening as a result of these steps, we will carry this message to others, and practice these principles in all our affairs."